#### DEVELOPING AN EARLY INTERVENTION PSYCHOSIS TOOLKIT FOR TAY

DATE & TIME: June 30, 2016 9:00 AM - 4:00 PM

All registration is completed on the Learning Net prior to the training. Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.

PLACE: Joan Palevsky Center

281 S. Figueroa Street, Suite 100

Los Angeles, CA., 90012

PARKING: Palevsky Center parking is available at Figueroa Courtyard for \$14.50.

Self-paid parking ranging from \$6.50 to \$14.00 is also available in

surrounding area.

Developing an Early Intervention Psychosis Toolkit for Transition Age Youth (TAY) allows for a multi-approach model of addressing the early onset of psychosis among TAY. The various approaches found in the toolkit involve strategies to address hopelessness and helplessness, empowerment of TAY through trauma informed care, and implementing peer support and strengthening family engagement. Practical approaches drawn from Evidence Based Practices (EBP) models, such as CBT for Psychosis, and other "meaning making" approaches are integral when treating TAY with psychosis. Addressing psychosis by utilizing these various approaches is highly effective in engaging TAY and their families, facilitating educational dialogues about psychosis, and integrating shared decision making. This training will provide participants with essential multi-approach techniques that can be integrated into their clinical practice when working with TAY.

# TARGET AUDIENCE: DMH Directly Operated and Contracted Clinicians and Case Managers serving TAY Adolescents and Young Adults

OBJECTIVES: As a result of attending this training, participants should be able to:

- 1.) Describe strategies for engaging, educating and supporting culturally diverse families with a TAY family member experiencing severe distress.
- 2.) Demonstrate how educational dialogues about psychotic experiences are designed to normalize and increase sense of hope and self-efficacy.
- 3.) Explain how recovery oriented education supports coping and manages distress.
- 4.) Identify ways to integrate trauma informed care into current approaches when treating psychosis among TAY.
- 5.) List several "meaning making" approaches and techniques for effective work with TAY experiencing psychosis.
- 6.) Explain how Trauma Informed Assessment can be used when treating TAY experiencing psychosis.

CONDUCTED BY: Wayne Munchel, LCSW

COORDINATED BY: Joaquin Castor

DEADLINE: June 27, 2016

**CONTINUING** 6 hours for BBS, BRN, CCAPP-EI

**EDUCATION:** CE for psychologists

COST: NONE

DMH Employees register at: Contract Providers complete <a href="http://learningnet.lacounty.gov">http://learningnet.lacounty.gov</a> attached training application



### **County of Los Angeles Department of Mental Health**

## NON-DMH STAFF TRAINING APPLICATION FORM



### **Please Print or Type**

### **Instructions**

Each individual must complete a separate application form for each training he/she wishes to attend. Please complete the application in full. Applications will not be processed with incomplete or inaccurate information. Notification of registration confirmation for a training will be provided by the training coordinator. Unless otherwise specified, walk-in registrations will not be admitted.

For trainings, sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be permitted.

This form is not to be used for LPS Designation Training. The LPS Application is available at lacdmh.lacounty.gov/training&workforce.html .

Training Title (as in DMH bulletin) Developing an Early Intervention Psychosis Toolkit for TAY			
Date(s) June 30, 2016		Training Coordinator Joaquin Castor	
County Employee Number			
(non-county employees supply the last four digits of the SSN)			
Name			
Program, Service or Agency			
Job Title			
Address			
City			Zip Code
Telephone		Email	
License or Credential Number(s) (complete as many as applicable)			
CAADAC	LCSW	LPT	LVN
MD	MFT	Psychologist	RN
Supervisor's Approval (Applications will not be processed if not signed by supervisor)		For processing, please return Application to:	
Print Supervisor Name		Los Angeles County DMH TAY System of Care Bureau Attention: Joaquin Castor, LCSW Fax: (213) 427-6166 Email: jcastor@dmh.lacounty.gov	
Supervisor's Signature		(When faxing, there is no need to use a cover sheet)	

Revised: 01/2016